

Fr. Vijay will be live streaming Mass on Sunday at 8:30 a.m.

The weekend Mass celebration will be streamed live at 8:30 a.m. on Sunday. To view the live Mass on Facebook please go to: <https://www.facebook.com/fivesaintscatholicfamily>. The recording will be posted on the parish YouTube page for future viewings. We look forward to serving our parishioners through this online technology, and although we can't gather as one in person at the moment, we look forward to the day that we can share in the Body of Christ together. God's blessings to you all.

Holy Communion will be distributed during the following times in Gilman ONLY:

10:00 a.m. – 12:00 noon ALL parishioners – all four parishes

Guidelines for receiving Holy Communion

No Catholic is required to receive Holy Communion during the pandemic. This permission is for those who desire to receive Holy Communion and can safely do so. Whoever is to receive Holy Communion is to abstain from food and drink (except water and medicine) for at least one hour (canon 919). A person who is conscious of grave sin is not to receive Holy Communion before going to confession. Older adults and those with compromised immunity especially are encouraged very strongly to stay home.

- 1) Holy Communion will take place in the church building at Ss. Peter & Paul in Gilman. Preparation to receive Holy Communion may be made by watching an online Mass, reading the Scripture readings of the day, or through other prayers.
- 2) **Only eight persons** and the distributing minister may be in the church at one time, which includes any usher directing the Communion line. Eight persons will be admitted into the church at one time. Social distancing is to be observed and will be marked in the church.
- 3) Those entering are to use hand sanitizer and wear a mask which can easily be removed or adjusted before receiving Holy Communion by hand. Any one designated as the usher is to wear a mask and assist in the order and flow of the line whether in the parking lot, upon entrance to the church, in the church, or upon exit from the church.
- 4) Gloves are not to be worn to receive Communion in the hand. Those who receive the host in the hand should consume their consecrated host in the presence of the minister.
- 5) The Communicants may not stop and pray in the church prior to or after receiving Holy Communion. They should exit the church immediately after receiving Holy Communion (if possible, by another door other than the one they entered).
- 6) Communicants should not linger or socialize in the parking lot either before or after receiving Holy Communion and should go immediately to and enter their vehicle. Personal prayer may take place in their cars or at home.
- 7) Communicants are requested to receive Holy Communion at Ss. Peter & Paul-Gilman.
- 8) For more information read the notices placed around the church and on the parish website *fivesaintscluster.com*